

# Luxury Nepal, Tibet & Bhutan Tour

5 Star Hotel Package

**7700**<sup>USD</sup> per person

\*Including healthy meals

**Trip Style:** Cultural/historic tour

**Trip Difficulty:** Leisurely



**A combination of three of the most stunning and beautiful country in the Himalayas, all in a private luxury tour with fully guided easy Tours.**

Our two weeks perfect itinerary covers all the must visit tourist attraction in three destinations **Nepal, Tibet and Bhutan**. This perfect trip features all favorite highlights of Nepal, Tibet and Bhutan and includes personalized, private sightseeing and the top **luxury hotels and Resorts** in all countries.

First we start our tour through visiting old historical sites of **Kathmandu, Nepal** and unwind in the lush foothills of Nagarkot. Next we fly to Lhasa, discover Tibet with visiting Lhasa's Potala Palace including all old monastery in Tibet. During your tour in Lhasa, meet **local Tibetan family** & try butter tea if desired.

After Lhasa, We fly to Kathmandu and fly to **Bhutan** next day. Set against the backdrop of sacred mountains, this **isolated** kingdom offers an entirely unique travel experience. While there we hike to stunning Tiger's Nest Monastery, visit numerous Buddhist monasteries. Also visit Thimphu Valley, where we meet Lamas and Monks who greet us with smiles.

DURATION: 14 days

## ITINERARY

### Day 01:: Arrival in Kathmandu, Nepal- 5\* Hotel Accommodation

If it's a clear day when you are flying into Kathmandu, then your tour begins right from the skies itself. The sights from the windows of our jet show us glimmering snow-capped mountain peaks spread out down below us, giving us the first thrills of our just begun vacation, sparking off a whole reaction of unforgettable experiences that stay with us for some time to come. As soon as your plane hits the tarmac of Tribhuvan International Airport, Mountain Sherpa Trekking & Expedition office local Tour Guide and driver will be on standby to meet and greet you at the airport and escort you to your hotel. Your Guide will help you check into your designated hotel, and after going to our rooms and refreshing ourselves we will be briefed about our daily activities. The rest of your time is free to move around the neighborhood and get familiar with your surroundings.

**Overnight:** Kathmandu **Elevation:** 1,400 m (4,600 ft.)

**Hotel:** Marriott Hotel/ Yak and Yeti Hotel **Meals:** Breakfast

### Day 02:: Full day city tour of Kathmandu city-5\* Hotel Accommodation

**Optional:** One Hour Everest View Mountain Flight

After a good night's sleep and enjoying a hearty breakfast, we proceed for our tour of **Swayambhunath** (popularly known as Monkey Temple) "Swayambhu" means "self-created" and refers to the myth that the hill sprung up

suddenly from a great lake that once covered Kathmandu Valley. This place offers a majestic view of the entire Kathmandu valley. Stupa of Swoyambhunath epitomizes Buddhism. Your guide will enlighten you with detailed historical and cultural information about the place.

After this, you will visit **Kathmandu Durbar Square**. Locally Old royal palace area is called Basantapur Area or Hanuman Dhoka Durbar Square. You will get a glimpse of **Kumari**, the **Living Goddess**, at Kumari Ghar in Basantapur, Kathmandu Durbar Square.

Our next sightseeing will be at **Boudhanath** (the biggest & Largest Buddhist Stupa in the World). The 36-meter-high stupa of Boudha is huge and dominates the skyline in the area. With numerous monasteries around it, Boudha is the center of Tibetan Buddhism in Nepal. In this area, our guide will show you a few Buddhist Monasteries and stop for lunch Break. If the weather is clear you can see the nearest Mountain of Kathmandu- Ganesh Himal from the top of the Restaurant.

After lunch, we will visit the biggest Hindu temple **Pashupatinath**. This Temple is one of the seven UNESCO Cultural Heritage Sites of the Kathmandu Valley. It is also a cremation site where the last rites of Hindus are performed. The rituals of cremation are not for the faint-hearted; still, visitors are seen watching curiously from across the river from the hillside. Visit Pashupatinath Temple for an out-of-this-world experience. After this, your tour for today is over here. Free day to relax or explore yourself. In the early evening, we will organize a special Nepali cultural dinner at a local restaurant.

**Overnight:** Kathmandu **Elevation:** 1,400 m (4,600 ft.)

**Hotel:** Marriott Hotel/ Yak and Yeti Hotel **Meals:** Breakfast & Dinner

### **Day 03:: City tour of Patan & Bhaktapur and drive to Nagarkot -4\* Hotel Accommodation**

After a healthy breakfast at 5\* hotel, we drive to **Patan** city for a sightseeing tour - a UNESCO-protected marvel of the Newari design. One of its fascinations is the Ancient Royal Palace. In Patan, We also visit a local handicraft center as well as the **Tibetan Refugee Camp**.

Patan is a city of 55 major temples, 136 Buddhist monasteries, and its artisans are known for their fine metal works. The city celebrates countless festivals both Hindu and Buddhist, many of which like the Rato Machhendranath Jatra and the display of Dipanker Buddhas are outstanding. Patan takes pride in creating great thangka and Pauba painters whose works are exported to many countries

After the Patan tour, we drive to **Bhaktapur**, which was the capital of Nepal during the 9th through 14th centuries and has managed to preserve its ancient medieval look. The extraordinary architecture, the beautiful woodcarvings, and metal craft that can be seen around the city take one back to the time of the Malla rulers who patronized art like no other dynasty. The pagoda-style temples rise above the Bhaktapur skyline.

The Pottery Square, the Palace (Durbar) Square which dates back to the 12th century, where devotees still celebrate their centuries-old festivals, and the temple squares that still remain vibrant, are Bhaktapur's major attractions.

Afterward drive to **Nagarkot**, which is one of the most popular hill stations for experiencing Himalayan views from the luxury of your hotel terrace. Just 13 km from Bhaktapur, the village is packed with hotels lining a ridge, allowing one of the broadest possible views of the Himalaya, with eight ranges visible (Annapurna, Manaslu, Ganesh Himal, Langtang, Jugal, Rolwaling, Everest & Numbur). The best seasons are October to December and March to April, when clear skies are likely.

**Overnight:** Nagarkot **Elevation:** 2,175 m (7,136 ft.)

**Hotel:** Hotel Club Himalaya/ Country Villa **Meals:** Breakfast & Dinner

**Day 04:: Explore Ancient Villages like Bungamati ,Khokana & Kirtipur -5\* Hotel Accommodation**

Today's tour from Nagarkot is about a six-hour excursion to the rural Newari towns of **Bungamati, Khokana & Kirtipur**. It's an exceptional chance to learn about the societies of the rural inhabitants whose families have thrived here since ancient times. These are the Newars, people who are original to the Kathmandu Valley. Even today they live modestly, in much the same way as their forefathers.

Visit Kirtipur for a real experience of Newari culture, the native culture of the Kathmandu Valley. Walk along its narrow lanes to witness the life of its residents who have preserved their age-old customs and beliefs to this day. This city is also best for trying out some traditional Newari food that hasn't been changed by outside influences.

**Kirtipur** is located on a ridge 8 km southwest of Kathmandu, overseeing the valley. The prehistoric Newar Township with its brick-paved paths lined with typical red brick houses and tiled roofs, and shrine squares, is a natural fortress. Overnight stay in Kathmandu

**Overnight:** Kathmandu **Elevation:** 1,400 m (4,600 ft.)

**Hotel:** Marriott Hotel/ Yak and Yeti Hotel **Meals:** Breakfast

**Day 05:: Drive to Airport, fly to Lhasa, overnight at St. regis hotel**

Morning you will fly for about an hour over the panoramic Himalayan ranges to the capital of Tibet (Lhasa). Lhasa at an altitude of 3,650 meter/ 11,975 feet is situated on the north bank of Kyichu River. Lhasa in Tibetan means "Place of the God", the resident of Dalai Lama, on arrival you will be met by the local representative and transferred to your respective Hotel (60km/hr). Free to wonder around the city. Overnight accommodate at 5\* Hotel.

**Overnight:** Lhasa **Elevation:** nearly 3,600 m (11,800 ft.)

**Hotel:** St. Regis Hotel **Meals:** Breakfast

**Day 06: : Full day sightseeing in Lhasa, overnight at St. Regis**

After healthy and buffet breakfast at hotel, start the day with the fantastic **Potala Palace**, which historically served as the winter home of the Dalai Lama. Potala Palace is one of the most beautiful monuments in Tibet with 1,000 rooms and 13 stores to explore this is undoubtedly the most admired tourist attraction in Tibet. It was first used in the 7th century by the 33rd king of Tibet. The most precious collections in the Potala Palace are the gilded burial stupas of the former Dalai Lamas and the meditation cave of the 33rd great king of Tibet.

After lunch, we enjoy a tour of **Jokhang Temple**, which was also founded in the 7th century by the 33rd great king of Tibet to promote the Buddhist religion. Inside you can see the statue of the Buddha Sakyamuni as he was at the age of twelve – this is possibly the most respected object in Tibetan Buddhism. Make a "**Kora**" (a religious circuit around the Barkhor street) with pilgrims and locals. Finish the day with after exploring **Barkhor** market, which is also a great place to pick up locally made handicrafts and souvenirs. See the Tibet from a unique and magical perspective with our Local Tibetan guide.

**Overnight:** Lhasa **Elevation:** nearly 3,600 m (11,800 ft.)

**Hotel:** St. Regis Hotel **Meals:** Breakfast

**Day 07:: Visit Drepung & Sera Monastery afternoon meet local Tibetans, try Tibetan butter tea.**

After breakfast at our 5\* star hotel, this morning we will visit the **Drepung Monastery**. Which is one of the great three Gelug monasteries of Tibet. Established in 1416 by Jamyang Chogé, one of Tsongkhapa's main disciples, the

Drepung Monastery is home of Ganden Palace, which previously served as the Dalai Lama's palace before later moving on to the Potala Palace.

In the afternoon we head out to explore another of the famous three of the Gelug monasteries in Tibet – the **Sera Monastery**. Founded in 1419 by another main follower of Tsongkhapa, Jamchen Choje, the main fascination of this monastery is the lively scene of the monks debating Buddhist scriptures in the courtyard behind the monastery in the afternoon. This monastery is dedicated in the fundamental precepts of Buddhism.

Sera survived the ravage of the Cultural Revolution with light damage, although many of the lesser colleges were destroyed. We also explore nearby Lhasa and meet local Tibetan, try Tibetan butter tea and experience Tibetan culture.

**Overnight:** Lhasa **Elevation:** nearly 3,600 m (11,800 ft.)

**Hotel:** St. Regis Hotel **Meals:** Breakfast

#### **Day 08:: Fly back to Kathmandu from Lhasa-5\* Hotel Accommodation**

Departure to Gonggar airport and fly back to Kathmandu and transfer to hotel– Back to Kathmandu for a free day.

You can relax at your hotel or just explore your own. We are in a really nice 5\* Hotel which is located centrally.

**Overnight:** Kathmandu **Elevation:** 1,400 m (4,600 ft.)

**Hotel:** Marriott Hotel/ Yak and Yeti Hotel **Meals:** Breakfast

#### **Day 09: : Fly to Bhutan Paro from Kathmandu & Drive to Thimphu**

As our flight nears Bhutan we can experience incredible views of the Himalayas including the holy Chomolhari and Jichu Drake peaks. At the airport, a representative from **Mountain Sherpa Trekking & Expeditions** will meet you and will Transfer to Thimphu and visit the National Memorial Chorten. Later, see Tashichho Dzong, a 13th-century Buddhist monastery and fortress. You undergo a wonderful transition on this morning's included flight. Leaving behind one of the big city, you step from your plane into a land of otherworldly calm.

Shrines dot the emerald-green **Paro Valley**. Terraced rice fields defy common sense as they climb the hillsides to forests of rhododendron and pine. Bhutan wears Buddhism on its sleeve, and we'll get early lessons in the vocabulary of its structures. Remember stupa. It's the Sanskrit word for a mound-like structure that shelters relics, and it's sometimes called a chorten.

On a single stop, we'll see Tibetan, Nepalese and Bhutanese styles gathered at the union of two rivers. And a dzong is the classic Himalayan fortress whose high walls enclose a complex of courtyards and temples. The oldest is Simtokha Dzong, built in 1627, where we pay a guided visit.

Our destination is **Thimphu**, the nation's capital. With our local guide, we'll stroll the city's streets to the King's Memorial, circled by an endless string of Bhutanese, murmuring mantras and spinning prayer wheels.

**Overnight:** Thimphu **Elevation:** 2,320 m (7,656 ft.)

**Hotel:** Le Meridian **Meals:** Breakfast, Lunch, Dinner

#### **Day 10: : Drive to Punakha from Thimphu - 5\* Hotel Accommodation**

After an early breakfast, we will drive over the **Dochula Pass**, seeing the colorful prayer flags en route to Punakha. Stop at Chimi Lhakhang (Temple of the Divine Madman), continuing to **Punakha Dzong**.

Back at lower altitude, we follow a path through mustard and rice fields. Along the way we pass through the rural villages, pausing at the tiny settlement of Pana where our guide arranges meeting the people who live here. Then it's on to Chimi Lhakhang, reminiscent of a stout pagoda and perched on a hillock in the middle of the river valley.

Punakha was chosen as the country's winter capital because it sits in a warmer-than-typical valley. The mild climate explains the groves of oranges, mangos and bananas we see. After settling into our hotel, we'll explore the town. It's quite typical to share the streets with the Layap, yak herding tribespeople who trek down from their high-altitude villages, dressed in conical bamboo hats and black woolen coats.

As at all of our meals, we'll dine on Bhutanese specialties. The nutty- tasting local rice is a staple. The national dish is ema datshi, a stew of chilis and cheese. Bhutan tradition has it that, when offered food, you cover your mouth and decline...after another invitation or two, you accept!

**Overnight:** Punakha **Elevation:** 1,242 m (4,075 ft)

**Hotel:** Dhensa boutique hotel **Meals:** Breakfast, Lunch, Dinner

### **Day 11:: Drive to Paro and sightseeing in Paro - 5\* Hotel Accommodation**

Drive overland to **Paro**, stopping to visit local farmers at their farmhouse, an opportunity to better understand their traditional way of life. Once in Paro, view the religious thannga (scroll) paintings and the natural history collection at the National Museum. Continue to Rinpung Dzong, a monastery and fortress along a mountain river.

As Bhutan's rivers tumble down from the mountains, they roll and smooth the rocks, creating white cobbled banks of stone. Where the Pho Chhu (Father River) and Mo Chhu (Mother River) meet, Punakha Dzong – one of the country's grandest structures – stands guard. Damaged by fires and earthquakes over the past four centuries, it has been fully restored by the current king.

It's no wonder the Paro Valley holds divine sway over Bhutan. Snow Mount Chomolhari soars over its northern reaches. Intensely blue glacial melt roars down through deep gorges to water the fertile valley, famous for its red rice. It seems like every pine copse and hillock comes with its own myth or legend. To breathe in the beauty, we take a woodland walk that leads to one of the distinctively arched covered bridges, a stone inlaid path and Rinpung Dzong.

**Overnight:** Paro **Elevation:** 2,200 m (7,200ft).

**Hotel:** Meridien Paro Riverfront **Meals:** Breakfast, Lunch, Dinner

### **Day 12: : Hike to the "Tiger's Nest Monastery" - 5\* Hotel Accommodation**

This morning, you may choose to attempt the climb to Taktsang Monastery ("**Tiger's Nest**"). This hike is intentionally difficult, intended as an arduous pilgrimage for Buddhist devotees. The walk up to the famous Tigers Nest takes about 2.5 hours along a good trail through the forests.

It is uphill all the way. If you don't feel like straining yourself, you can take (hire) a pony ride till the halfway point. Ponies are only allowable up to a certain area. You will have to cover the remaining part of the journey on foot. The trail goes through a dense forest filled with pine trees. Once on top, the view from this temple is incredible. This is one of the holiest places in Bhutan and it is a miracle how the Bhutanese managed to build it on this location. Legend says Guru Rinpoche gave them a helping hand. . Later, try your hand at archery, Bhutan's national sport.

**Overnight:** Paro **Elevation:** 2,200 m (7,200ft).

**Hotel:** Meridien Paro Riverfront **Meals:** Breakfast, Lunch, Dinner

### Day 13:: Fly to Kathmandu from Paro, transfer to Hotel afternoon explore local Market

Today we fly to **Kathmandu** from Bhutan. Our expert local guide will drive you to the Paro International Airport on time to catch your flight to Kathmandu, Nepal. As the plane departs from Bhutan, feast your eyes for the last time on the green Bhutanese landscape. Savor magnificent views of snowcapped mountains and rolling green hills. In less than an hour, you reach Kathmandu.

Afternoon, we visit a **local food market** where locals buy, clothes, fruits, vegetables & grains. We also visit local markets like **Ason**, Chettrapati as well as Thamel areas.

Ride by Ride by **rickshaw** to Thamel and stroll through the bazaar and old city. Visit the **Garden of Dreams**, a peaceful oasis if you are looking for a quiet time in the middle of a bustling city. Stop at the cafe for a delightful lunch. Enjoy you're, Last minute shopping around the local market. This evening, enjoy a lecture by a **Mount Everest Sherpa** & Enjoy dinner with the **Sherpa family**.

**Overnight:** Kathmandu **Elevation:** 1,400 m (4,600 ft.)

**Hotel:** Marriott Hotel/ Yak and Yeti Hotel **Meals:** Breakfast & Dinner with Sherpa Family

### Day 14.: Final Departure to Home from Bhutan

Our adventure in the Himalayas comes to an end today! A representative from Mountain Sherpa Trekking & Expeditions will take us to the airport approximately 3 hours before our scheduled flight.

**Included meals:** Breakfast

## Cost Includes

### Transports & Flights

- Private Transfers upon arrival and departure
- Kathmandu-Lhasa-Kathmandu round trip flight
- Kathmandu-Paro-Kathmandu round trip flight
- Private vehicle for all Tour and ground transfer in Tibet
- Private vehicle for all Tour and transfer in Nepal and Bhutan

### Hotels & Accommodations

- Luxury hotels in Kathmandu as specified in Itinerary
- Luxury hotels in Nagarkot as specified in Itinerary
- Luxury hotels in Lhasa as specified in Itinerary
- Luxury hotels in Paro as specified in Itinerary
- Luxury hotels in Thimpu & Punakha as specified in Itinerary

### Meals & Drinks

- Daily hygienic breakfast in Kathmandu city
- Hygienic breakfast & Dinner during tour to Nagarkot
- Daily hygienic breakfast during Lhasa tour in Tibet
- 3 Meals breakfast, lunch and dinner daily during tour in Bhutan
- High quality Natural Mineral Water during whole tour

## **Pays & Entrance Fees**

- Pay and insurance for guides and drivers in each destination
- Entrance fees to historic sites and monuments in each country
- Allowance for Local Tour guide and driver in each country
- Guide & driver's food and accommodation in each country
- Visa fees for Tibet and Bhutan

## **Service & Support**

- English-Speaking Local Tour Leader/ Local Guides
- Airport Meet and Greet with Private Transfers each country
- Tibet Travel Permit and China Group Visa arrangement
- Bhutan Travel Permit and Bhutan Visa arrangement

## **Additional Service**

- We help you, if an airline loses your luggage, or delayed
  - International flight ticket Reconfirmation service if required
  - We help our clients to buy souvenirs at wholesale price
  - Help to get Local Sim Card in Nepal & Bhutan
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## **What's Not Included**

- International Airfare and Nepal Visa fee
- Travel insurance for emergency and trip Cancellation
- Lunch & Dinner in Kathmandu & Lhasa ( US\$ 5-10 Per Meal)
- Any Alcoholic Drinks & Gratitude for Guide & driver

## **Vital Information**

### **Visa info**

#### **Nepal Visa on Arrival:**

A tourist visa can be obtained on arrival at Tribhuvan International Airport, Kathmandu. The current fee for a multiple-entry visa valid for **15 days is USD \$30**. A multiple-entry visa valid for **30 days is USD \$50**. All fees are subject to change without notice and must be paid in cash in U.S. dollars. Carrying two passport-size photos is also recommended.

'On Arrival' visa procedure is very quick and simple. You can expect some queues during peak Tourist season. If you wish to skip those queues, you can also consider getting Visa from Nepalese Diplomatic Missions stationed

abroad prior to your arrival. The choice is yours.

Once you arrive at the airport, please follow these simple procedures for Tourist Visa on Arrival.

## 1st Step:

Fill in ' Arrival Card '

Fill in the Online [Tourist Visa form](#) (you can fill it up prior to your arrival by visiting the official website of the Department of Immigration / fill it up using Kiosk machines upon your arrival at the airport). If you fill it form the website, you will get a submission Receipt with a barcode, please print it out and bring it along for acquiring a visa. It works for fifteen days and becomes invalid then after. If so, you will have to fill it up again.

## 2nd Step:

Make payment at the bank according to your visa requirement (15/30/90 Days) Get the receipt

While you can use different modes of payments (at visa fees collection counter), we advise you to carry some cash to be on the safe side.

## 3rd Step:

Proceed to the Immigration Desk with your online form, payment receipts and your passport. Hand in your documents to the immigration officer for visa processing. He/she issues a visa to you upon his/her satisfaction.

## On Arrival Visa Fee

15 Days – 30 USD

30 Days – 50 USD

90 Days – 125 USD

## CASH & CREDIT CARDS:

**Nepal:** Cash transactions can generally be made in either U.S. dollars or local currency. U.S.dollars should be recently issued bills in smaller denominations. Major credit cards are accepted mainly in the larger shops, hotels and tourist category restaurants. Access to ATM machines is available in bigger cities like Kathmandu & Pokhara but is limited in rural areas.

## Tibet Visa & Tibet Travel Permit:

Travelers must obtain a Chinese visa before they go to Tibet. Also to travel to Tibet foreign travelers are required to apply for special Tibet travel permits. But [Mountain Sherpa Trekking](#) will help you get it!

Please provide us one copy of your scanned, color copy of the personal details page of your passport no later than 40 days prior to the start date of your trip in order to apply for your Tibet entry permit. You will also need to advise us of your existing occupation at this time. We will obtain your China Visa from the Chinese Embassy in Kathmandu, and takes around three to four working days to process. Visas are typically for a duration of 30 days, and cannot be extended.

## **Bhutan Visa:**

With the exception of tourists from India, Bangladesh and Maldives, all other travelers traveling to Bhutan must need a visa. As a professional and experienced local Bhutan Tour operator from Nepal, We **Mountain Sherpa Trekking & Expeditions** will help you prepare all necessary applications and take care of the whole process for you.

As you know, the only way to get a visa for Bhutan is to have reserved a tour with a tour operator or travel agent that is recorded with the Tourism Council of Bhutan and the Bhutan Foreign Ministry. Visas for Bhutan are obtained after you have booked your tour with a reliable company like Mountain Sherpa Trekking, and once you're booked your tour with us, it is our responsibility to make the application on your behalf.

## **Hotel**

**Are you looking for an exceptionally exclusive tour? Book your luxury trip with your family or with your friends or just do solo private trip. The Luxury journey once in a lifetime travel experience.**

All Our luxury Tours includes luxury hotel and resort in each destination. As tourism is flourishing in the Himalayan Country, Now discerning luxury tourists can find some of the best luxury hotel choices in Nepal and in neighboring country like Tibet & Bhutan. There are several luxury hotels to stay during your visit. You can stay in typical boutique hotels and resorts to international luxury chain hotels. As a luxury tours expert, we are operating multiple luxury tour and luxury adventure holiday in Nepal. All our tours are successively well-organized, high-service tours on set schedules or on a custom basis, with great hotels, resort and lodges to spend the night in comfort.

Following hotels and resort are included in our Luxury 3 Country Tour:

### **Luxury Accommodations in Kathmandu & Nagarkot**

**Kathmandu:** Marriott Kathmandu or Yak and Yeti Hotel

**Nagarkot:** Club Himalaya or Similar

### **Luxury Accommodations in Tibet:**

**Lhasa:** The St. Regis Resort Lhasa or Shangri-La Lhasa

**Luxury Accommodations in Bhutan:**

1. **Thimphu:** Le Méridien Thimphu
2. **Panukha:** Dhensa boutique hotel
3. **Paro:** Le Meridien Paro Riverfront